

Subject: Physical Education	Year group: Year 4	Topic: icommunictae Social Skills & Teamwork	Initiation & activation activities:
<p>Prior knowledge required: they are able to:  master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities  participate in team games, developing simple tactics for attacking and defending  perform dances using simple movement patterns.</p>		<p>Vocabulary: rhythm, beat, send, receive, Cheer Basic Positions": <i>Ready Stance, Broken T and T, Touch Down (High and Low), High V and Low V, Liberty, Archer, posture, Motion Drill - High Touchdown, High V, Diagonals, Cheer Lead Bow and arrow, Tilted bow, Triplets, overarm, underarm, intercept, defend, pass, catch, roll, send, receive</i></p>	
Programme of Study	Implementation:	Impact –lesson sequence:	Evaluations and assessments:
<ul style="list-style-type: none"> <li>• use running, jumping, throwing and catching in isolation and in combination</li> <li>• play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending</li> <li>• develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]</li> </ul>	<ul style="list-style-type: none"> <li>• Can they show patience and help others by listening and giving constructive feedback.</li> <li>• Can they use communication to praise others, share ideas and guide groups through tasks.</li> <li>• SEN/support - Can they offer help to others, and encourage them through praise.</li> <li>• Can they show patience and support for others by listening carefully to them about their work.</li> <li>• <b>GD</b> - Can they cooperate and communicate effectively with others and give constructive feedback.</li> <li>• Can they count out the phrases of 8 counts within the music on the regular beat; balance with a partner.</li> <li>• Can they move, with a partner, in time to the music demonstrating an awareness of rhythm and phrasing</li> <li>• Can they combine partner balance skills with more complexity, confidence and precision.</li> </ul>		

<ul style="list-style-type: none"><li>• perform dances using a range of movement patterns</li><li>• take part in outdoor and adventurous activity challenges both individually and within a team</li><li>• compare their performances with previous ones and demonstrate improvement to achieve their personal best.</li></ul> <p><i>SWIMMING IS TAUGHT ON SITE AT OUR MIDDLE SCHOOL</i></p>	<ul style="list-style-type: none"><li>• Can they demonstrate the correct technique for catching and throwing to ensure a catch is successful.</li><li>• Can they demonstrate the correct technique for passing whilst evading opponents.</li><li>• Can they demonstrate the correct technique for passing whilst evading opponents at speed.</li><li>• Can they demonstrate competence and confidence in the Fundamental Movement Skills: Strength &amp; Balance - Counter Balance with a Partner; Coordination -Send &amp; Receive</li></ul>		
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