

Subject: Physical Education	Year group: Year 1	Topic: i-move Pirates	Initiation & activation activities:
<p>Prior knowledge required: Children negotiate space and obstacles safely, with consideration for themselves and others; Demonstrate strength, balance and coordination when playing; Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.</p>		<p>Vocabulary: seated, balance, forwards, backwards, sideways, parts of body (eg balls of feet), march, walk, sideways, tiptoe, run, sidestep, hopping, turn, quarter turn, half turn, full turn, quickly slowly, softly, hard, hopscotch, skipping, roll, rolling, kneeling</p>	
<ul style="list-style-type: none"> ● Programme of Study ● Pupils should be taught to: ● master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities 	<p>Implementation:</p> <ul style="list-style-type: none"> • Can they move with control in a variety of ways. • Can they show an awareness of their own space, and that of others. • Can link movements together, when moving in different ways • SEN/Supported- Can they show some control when moving in a variety of ways. • Can they, in movement games, move in a variety of ways, looking for own space when amongst others. • Can they move in lots of different ways with control. • Can they lay movement games with control, and safely, with a good awareness of space. • GD - Can they consistently move with control in different ways. • Can they discuss how their movements are similar or different to someone else's. • Can they say how to improve moves • Can they demonstrate mastery of basic movements including running, side stepping, marching, tiptoeing, hopping, skipping, hopscotch, dodging and jogging. • Can they demonstrate increasing confidence and competence when developing and extending these agility skills, and apply them in a range of situations. • Can they demonstrate locomotion - travelling and agility - footwork patterns and spatial awareness 		