

Subject: Physical Education	Year group: Year 3	Topic: icreate Creativity & Adaptation	Initiation & activation activities:
<p>Prior knowledge required: they are able to:  master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities  participate in team games, developing simple tactics for attacking and defending  perform dances using simple movement patterns.</p>		Vocabulary: goalkeeper, mini-back support, opposition, goal, fluidly, balance, bounce, movement, circuit.	
Programme of Study	Implementation:	Impact –lesson sequence:	Evaluations and assessments:
<ul style="list-style-type: none"> <li>• use running, jumping, throwing and catching in isolation and in combination</li> <li>• play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending</li> <li>• develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]</li> <li>• perform dances using a range of movement patterns</li> <li>• take part in outdoor and adventurous activity challenges both individually and within a team</li> <li>• compare their performances with previous ones and demonstrate improvement</li> </ul>	<ul style="list-style-type: none"> <li>• Can they create new rules and adapted versions of activities.</li> <li>• Can they adapt movements and tactics to a range of tasks.</li> <li>• Supported/SEN Can they begin to compare their movements and skills with those of others.</li> <li>• Can they make up their own rules and versions of activities.</li> <li>• <b>GD</b>- Link actions and develop sequences of movements that express their own ideas.</li> <li>• Can they show an understanding of different movements and how to move with control and accuracy</li> <li>• Can they use different movements, adapting technique to make them successful whilst travelling.</li> <li>• Can they walk fluidly in a straight line with a heel to toe foot landing.</li> <li>• Can they move sideways while maintaining balance and keeping control of equipment.</li> <li>• Can they demonstrate good use of space, balance along a line and good control.</li> </ul>		

to achieve their personal  
best.

*SWIMMING IS TAUGHT ON  
SITE AT OUR MIDDLE  
SCHOOL*