

CRAMLINGTON & SEATON VALLEY SCHOOL GAMES Spring Term 2022-23

SCHOOL GAMES

School Games is a national programme aiming to put physical activity and competitive sport at the heart of schools, and provide more young people with the opportunity to compete and achieve their personal best. The programme includes both intra-school events and inter-school activities at a local and county level. Every school in England is invited to be part of the School Games programme and our schools are part of the Cramlington & Seaton Valley School Games Area within Northumberland.

There is a strong emphasis on inclusion at School Games events to ensure all young people are given the opportunity to take part, so the programme of events is varied and targeted to create appropriate opportunities for more young people to experience and enjoy being active. There may be additional opportunities to take part by leading, managing or officiating.

Participants are encouraged to follow the Spirit of the Games Values: determination, eco-friendly, honesty, passion, respect, self belief and teamwork.

Y6 BADMINTON

We were delighted to work with Holly Robson of Badminton England, and Karen Davison of Northumberland Badminton Association to deliver a "Racket Pack" festival to groups of Y5&6 pupils from Whytrig Middle, Cragside CofE Primary, Shanklea Primary and Eastlea Primary. Targeted to help prepare pupils for transition to Y7, participants took part in a range of fun activities, superbly led by Y9 & Y10 Sports Leaders from Astley Community High School. Although it was quiet at the start of the festival, the buzz of activity and excitement quickly increased as pupils made new friends and their confidence grew. Young people reported feeling nervous before the event, but feedback included "it was fun, there were lots of activities and I learned new skills", "the people were nice" and "it was good meeting pupils from other schools".



YEAR 4 GYMNASTICS

Gymnasts from Cragside, Eastlea, Shanklea, Hareside, Holywell, New Hartley, Beaconhill, Seghill and Cramlington Village took part in our area Y4 Gymnastics competition, hosted by Northern Gymnastics Club in their fantastic new centre. Teams of 6 gymnasts performed two different routines, which were judged for the competition. They also had the opportunity to try out other gymnastics activities, including the beam and tumble track. There was a separate event for competing club gymnasts, where entrants took part individually by performing a more challenging routine.



There was a fantastic atmosphere at the event, with every gymnast showing full concentration to do the best performance possible, and it was clear how much work had been done beforehand in preparation for this competition. Pupils from Seghill commented "it was the best day ever!" and "I didn't know I could do gymnastics". Noah from Beaconhill had clearly enjoyed the challenge - "my favourite part was using the beam, it was difficult but I did it!". Lilly from Eastlea had "never been to anything so good. When we did the second routine I liked that, I didn't make any mistakes".

Hareside and Cragside were the winners and runners up of the team competition, with Sonny from Holywell Village and Georgie from Cragside finishing 1st and 2nd in the individual event. These gymnasts all progressed to represent Cramlington & Seaton Valley in the county finals, where 12 teams and the best individual gymnasts from across Northumberland came together to compete—congratulations to Cragside and to Sonny who both finished in 2nd place in the county events.



KS2 MULTISKILLS

Following their success in the Cramlington & Seaton Valley Multiskills Challenge competitions, the following classes went on to represent our area in the county finals:

Year Group	
3	Shanklea Primary SV3 & Eastlea Primary
4	New Hartley First & Shanklea AH4
5	Shanklea SS5 & Eastlea Primary
6	Seaton Sluice Middle 6S & Beaconhill Primary

The finals for each year group saw 12 schools from across Northumberland brought together online to compete in activities testing agility, balance and coordination. The scores in each of the county finals were very close. Well done to all the young people, you were fantastic at representing your schools and our area in these events, and congratulations to Shanklea AH4 who finished in 3rd place in the Y4 competition.



SECONDARY LEADERSHIP AND TRANSITION

Twelve year 7 sports leaders from Whytrig Middle School were chosen to take part in a pilot project for leadership and transition. They had a training session with Pickleball England, where they were taught how to play this fast-growing sport, which combines elements of tennis, badminton and table tennis. The leaders were quick to pick up the skills and during the summer and autumn terms, using equipment provided as part of the project, they will organise and play the game alongside Y5 pupils to help with their transition to the middle school.



SCHOOL GAMES LIVE!

Just before the Easter break, schools joined almost 11000 young people from across the North East in County Durham Sport's School Games Live! workout session. These fun live workout sessions were designed to get everyone active, and they certainly got people moving whilst having fun with their friends!

Max from Eastlea said "it was really good to get us all active before the holidays and remind us how important moving our body is. It was a nice start to the day and left me energised and full of energy. The person leading it was really nice and it was fun as we got to wear bunny ears!".



Y7 AND Y8 SPORTSHALL ATHLETICS

Teams of Y7 and Y8 Athletes from Cramlington Learning Village and Whytrig Middle School joined schools from Ashington & Coquet in our area Sportshall Athletics competition, led by Y12 sports leaders from CLV. Students are chosen to represent their team in track and field events, including shot putt, standing long jump, standing triple jump, vertical jump, speedbounce, and individual and relay races of varying distances. In the Cramlington & Seaton Valley competitions, the winning team in the Y7 girls' event were from Whytrig Middle School, whilst Cramlington Learning Village took the title in the Y7 boys', Y8 girls' and Y8 boys' events.

The four winning teams progressed to represent our area in the Northumberland School Games finals, where they competed against the best school teams from across the county.

The county finals were also very confidently and well led by the Y12 sports leaders from CLV. In the finals, Cramlington LV finished 2nd overall in the Y7 boys' and 3rd in the Y8 girls' competitions.



SECONDARY INCLUSION

During the spring term schools were invited to the first Northumberland School Games Secondary Inclusion Festival. This event, held at Concordia, saw targeted groups from across Northumberland have the opportunity to #MakeActiveMemories with their friends, whilst visiting a leisure centre setting. Students from Whytrig Middle School and Hillcrest School joined 100 others from across the county and all took part in ten pin bowling and a dance session. There was good feedback from all who attended, and the bowling in particular created fun memories and friendly competition both for the young people and the school staff! Students from Hillcrest "thoroughly enjoyed it and said it was fun. For some of them it was their first time at this sort of event and venue. They enjoyed an opportunity to play with their school friends and would love to do it again".

EVENTS IN THE SUMMER TERM INCLUDE...

- ◆Y4 Badminton Festival ◆Y4 Tri-Golf
- ◆Y4&Y6 Quadkids ◆Y5&6 Netball
- ◆Y4 Football ◆Y5&6 Girls' Football
- ◆Secondary Girls' Football
- ◆Northumberland School Games
- #MakeActiveMemories day

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