

2023-2024 PE long-term plan

	Autumn A	Autumn B	Spring A	Spring B	Summer A	Summer B
Year 1	i-exercise & Pilates/yoga	i-move & Pilates/yoga	i-practise & Dance	i-communicate & Dance	i-create & Gymnastics	i-think & Gymnastics
Year 2	i-exercise & Pilates/yoga	i-move & Pilates/yoga	i-practise & Dance	i-communicate & Dance	i-create & Gymnastics	i-think & Gymnastics
Year 3	i-move & gymnastics -	i-exercise & gymnastics -	i-communicate & Dance	i-create & Dance	i-think & Pilates/yoga	i-exercise & Pilates/yoga
Year 4	i-move & gymnastics -	i-exercise & gymnastics -	i-communicate & Dance	i-create & Dance	i-think & Pilates/yoga	i-exercise & Pilates/yoga