

Subject: Physical Education	Year group: Year 3	Topic: icommunicte Social Skills & Teamwork	Initiation & activation activities:
<p>Prior knowledge required: they are able to:  master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities  participate in team games, developing simple tactics for attacking and defending  perform dances using simple movement patterns.</p>		Vocabulary: target, opponent, teammate, high, medium, low, goal, interfere, evade, defenders, posture, Motion Drill, High Touchdown, High V, Diagonals, Liberty, Archer, beat , phrase, rhythm,	
Programme of Study	Implementation:	Impact –lesson sequence:	Evaluations and assessments:
<ul style="list-style-type: none"> <li>• use running, jumping, throwing and catching in isolation and in combination</li> <li>• play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending</li> <li>• develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]</li> <li>• perform dances using a range of movement patterns</li> <li>• take part in outdoor and adventurous activity challenges both individually and within a team</li> </ul>	<ul style="list-style-type: none"> <li>• Can they support others by listening carefully and offering useful feedback</li> <li>• Supported/SEN - Can they help, praise and encourage others to do well.</li> <li>• Can they show patience, and support others by listening carefully to them about their work.</li> <li>• <b>GD</b>- Can they cooperate well with others, listen attentively and give helpful, targeted feedback.</li> <li>• Can they demonstrate the correct technique for catching and to understand how we bowl/throw to ensure a catch is successful.</li> <li>• Can they demonstrate the correct technique for passing whilst evading opponents</li> <li>• Can they repeat movement skills, including: travelling, turning, jumping, balance and counter balance.</li> <li>• Can they combine travelling and turning and counter balance skills, with some complexity and confidence.</li> <li>• Can they express an idea in an original way.</li> </ul>		

<ul style="list-style-type: none"><li>• compare their performances with previous ones and demonstrate improvement to achieve their personal best.</li></ul> <p><i>SWIMMING IS TAUGHT ON SITE AT OUR MIDDLE SCHOOL</i></p>			
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