

Subject: Physical Education	Year group: Year 1	Topic: i-think - Wild West	Initiation & activation activities: Sports Day
Prior knowledge required: Children negotiate space and obstacles safely, with consideration for themselves and others; Demonstrate strength, balance and coordination when playing; Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.		Vocabulary: walk, jog, balance, travel, backwards, throw, chase, roll, balanced position, aim, position, gallop, side-step,	
<ul style="list-style-type: none"> <li>● Programme of Study</li> <li>● Pupils should be taught to:</li> <li>● master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</li> </ul>	<p>Implementation:</p> <ul style="list-style-type: none"> <li>• Can they say what I can do well and how to improve.</li> <li>• Can they understand and follow basic rules.</li> <li>• Can they make a change to an activity.</li> <li>• Can they demonstrate mastery of basic movements in balancing, whilst still and on the move.</li> <li>• Can they increasingly demonstrate confidence and competence when developing and extending agility skills in dodging, running and galloping.</li> <li>• Can they apply these skills in competitive and co-operative team games.</li> <li>• SEN/Support Can they say what they did well, and one thing they could improve. Follow rules most of the time. Offer ideas to change an activity.</li> <li>• Can they discuss what they did well and how they can improve. Understand rules and apply to their own games. Adapt and improve activities using their own ideas.</li> <li>• <b>GD</b> - Can they begin to understand tactics can be applied to rules in team games.</li> <li>• Can they demonstrate: <ul style="list-style-type: none"> <li>○ mastery of basic movements in balancing, whilst still and on the move.</li> <li>○ increasing confidence and competence when developing and extending agility skills in dodging, running and galloping.</li> <li>○ the ability to apply these skills in competitive and co-operative team games.</li> </ul> </li> <li>• Can they demonstrate ability in: <ul style="list-style-type: none"> <li>○ Locomotion - Travelling &amp; Agility - footwork patterns</li> <li>○ Core strength and Balance - static and dynamic balance</li> <li>○ Co-ordination - manipulating equipment</li> </ul> </li> </ul>		