

Subject: Physical Education	Year group: Year 4	Topic: icreate Creativity & Adaptation	Initiation & activation activities:
<p>Prior knowledge required: they are able to:  master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities  participate in team games, developing simple tactics for attacking and defending  perform dances using simple movement patterns.</p>		Vocabulary: balance, coach, support, trainee, fluidly, forwards, backwards, balance, sideways, bounce, footwork, coordination, posture, strength, challenge circuit	
Programme of Study	Implementation:	Impact –lesson sequence:	Evaluations and assessments:
<ul style="list-style-type: none"> <li>• use running, jumping, throwing and catching in isolation and in combination</li> <li>• play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending</li> <li>• develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]</li> <li>• perform dances using a range of movement patterns</li> <li>• take part in outdoor and adventurous activity challenges both individually and within a team</li> </ul>	<ul style="list-style-type: none"> <li>• Can they compare own movements to others and create new rules for activities.</li> <li>• Can they spot the similarities and differences in completion of an activity, compared to a friend.</li> <li>• SEN/Support - Can they compare their own movements and skills with those of others and see what they can improve.</li> <li>• Can they create new rules and adapt versions of activities they know.</li> <li>• <b>GD</b> - Can they develop sequences of movements that link, showcasing their ideas effectively.</li> <li>• Can they balance and control while travelling over equipment and apparatus.</li> <li>• Can they show balance and control while travelling in a line over apparatus, using equipment.</li> <li>• Can they show balance and control while travelling over equipment and apparatus.</li> <li>• Can they balance on one leg without falling over.</li> <li>• Can they show control, dexterity, balance and strength while standing on one leg.</li> <li>• Can they demonstrate confidence and competence in the Fundamental Movement Skills: Locomotion - Balance on a Line; Strength &amp; Balance - One Leg Balance</li> </ul>		

<ul style="list-style-type: none"><li>• compare their performances with previous ones and demonstrate improvement to achieve their personal best.</li></ul> <p><i>SWIMMING IS TAUGHT ON SITE AT OUR MIDDLE SCHOOL</i></p>			
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