

Subject: Physical Education	Year group: Year 4	Topic: icommunictae Social Skills & Teamwork	Initiation & activation activities:
<p>Prior knowledge required: they are able to: master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities participate in team games, developing simple tactics for attacking and defending perform dances using simple movement patterns.</p>		<p>Vocabulary: rhythm, beat, send, receive, Cheer Basic Positions": <i>Ready Stance, Broken T and T, Touch Down (High and Low), High V and Low V, Liberty, Archer, posture, Motion Drill - High Touchdown, High V, Diagonals, Cheer Lead Bow and arrow, Tilted bow, Triplets, overarm, underarm, intercept, defend, pass, catch, roll, send, receive</i></p>	
Programme of Study	Implementation:	Impact –lesson sequence:	Evaluations and assessments:
<ul style="list-style-type: none"> • use running, jumping, throwing and catching in isolation and in combination • play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending • develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics] 	<ul style="list-style-type: none"> • Can they show patience and help others by listening and giving constructive feedback. • Can they use communication to praise others, share ideas and guide groups through tasks. • SEN/support - Can they offer help to others, and encourage them through praise. • Can they show patience and support for others by listening carefully to them about their work. • GD - Can they cooperate and communicate effectively with others and give constructive feedback. • Can they count out the phrases of 8 counts within the music on the regular beat; balance with a partner. • Can they move, with a partner, in time to the music demonstrating an awareness of rhythm and phrasing • Can they combine partner balance skills with more complexity, confidence and precision. 		

<ul style="list-style-type: none">• perform dances using a range of movement patterns• take part in outdoor and adventurous activity challenges both individually and within a team• compare their performances with previous ones and demonstrate improvement to achieve their personal best. <p><i>SWIMMING IS TAUGHT ON SITE AT OUR MIDDLE SCHOOL</i></p>	<ul style="list-style-type: none">• Can they demonstrate the correct technique for catching and throwing to ensure a catch is successful.• Can they demonstrate the correct technique for passing whilst evading opponents.• Can they demonstrate the correct technique for passing whilst evading opponents at speed.• Can they demonstrate competence and confidence in the Fundamental Movement Skills: Strength & Balance - Counter Balance with a Partner; Coordination -Send & Receive		
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