

From Bullying Intervention Group for members

## Ideas for activities during Anti-Bullying Week from BIG Award



1. Why not hold a competition for a logo for Anti-Bullying week and 'brand' all your activities with the logo personalised for your school?



### 2. The **BiG** Debate.

Choose debating teams and prepare arguments for and against the motion which could be: 'School Anti-Bullying policies are a waste of time' or 'It is not worth telling anyone if you are bullied'. Run it on formal debating lines giving each side the same amount of time to put their arguments and to sum up. Invite the audience to vote. Prepare each team and allow time to research their facts. [We have found these debates very instructive over the past four years. By listening, teachers learn a great deal about how their strategies are working.]

3. Design and print T shirts with the slogan 'It's better without bullying', award prizes for the best designs



4. Write and perform a rap: 'It's better without bullying'. Record the best ones and develop these as school songs to be used on key days such as the first day of term.
5. Create a screen saver for the school's computers with anti-bullying messages

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**6.** Use the BIG Award free survey tools to survey pupils on how well they think the school's anti-bullying strategy is working. Find out if your school rates better than average in BIG Award member surveys. To be set up for the survey contact [info@bullyinginterventiongroup.co.uk](mailto:info@bullyinginterventiongroup.co.uk)



**7.** Ask pupils to send a Tweet to a school Twitter address describing in 140 characters how they think the school's anti bullying efforts could be improved.

**8. Question Time.** Set up a panel and run a Question Time session along the lines of the TV show. The panel can consist of local Community Safety officer, senior staff responsible for pastoral care, peer supporters, outside guest, a designated governor and relevant local voluntary agencies. Questions are invited beforehand and the best ones selected by a group of students. Choose someone entertaining to be the chair person. If necessary inform the panel of questions so that they can be sure to have their facts right. Provide useful sources of help to the audience at the end in case anyone needs support.



**9.** Play 'Who wants to be a millionaire' with questions related to bullying. (We have templates for primary and secondary phases on the BIG Award website).

**10.** Drama: Perform short scenarios showing how ridiculous some of the bullying really is by using dialogue to reflect the language used.

**11.** Use Anti-Bullying Week to review your school's policy and strategy for preventing and reducing bullying with all pupils, parents and staff invited to give their views in a number of ways: postcards into a ballot box, online, in discussions, via email and text, and in meetings to discuss common suggestions. Is the language of your policy child-friendly? Perhaps create a version for pupils.

**12.** With teenagers, use art and computer graphics to challenge the way brands and body image control our lives. Discuss the pressure to look a certain way and explore how the individual can develop their own look. (A resource is available on the BIG Award website, secondary resources).

**13.** With younger pupils, consider 'What is a friend?' (A resource is on the BIG Award website, primary resources).

**14.** *What do you look for in a friend? 80% chose 'Loyalty'*

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Have you ever thought of using maths as an anti-bullying tool? Ask pupils to list the ten characteristics they would look for in a friend and then rank them in order of importance. These are likely to include examples like these: Loyalty, Makes me laugh, Backs me up, Sincere, Fun to be with, Popular, Kind etc When they are done, they hand them in anonymously. The class then looks through them and works out what percentage chose each characteristic.

**15. Map the hot spots!** Look at a Google Earth view of your school or use architect's plans of the school. Ask pupils to mark where they feel safe and where bullying happens. Using coloured markers or stickers – green = safe, red = not safe, orange is OK. This anonymous method of capturing how pupils feel about different locations in school can feed into your management of unstructured time, playground supervision and lunch queue organisation.

**16. Create jingles** to get anti-bullying messages across. Team up with a local radio station who might help with a workshop on jingles.



**17** Try the 'banana skin' approach to help enhance the social skills of those vulnerable to being bullied. 'If you slip on a banana skin others laugh at you. If you tell a joke about when you slipped on a banana skin they laugh with you.' Try building social skills in people who need it by role playing how to make light of things with humour as a face saving step. (See BIG Award website for more on this.)

18 Use well-known characters from stories or cartoons with Key stage 1 and 2. **Humpty Dumpty** can be found on the BIG Award website, primary resources.

19. BT's student film competition results are uploaded in a video gallery. Several of the clips are useful in addressing Bullying, Stereotypes and homophobia.

<http://www.btplc.com/Responsiblebusiness/Supportingourcommunities/Learningandskills/London2012/BigVoice/VideoGallery/Default.aspx>

- A Human Race – Aik Seth;
- Stand Out Speak Out;
- Solving Our Problems;
- Chimalsi;
- Why do people see us as different?
- Score High
- Edge